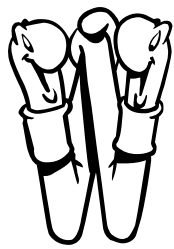




WORM

COMPOSTING

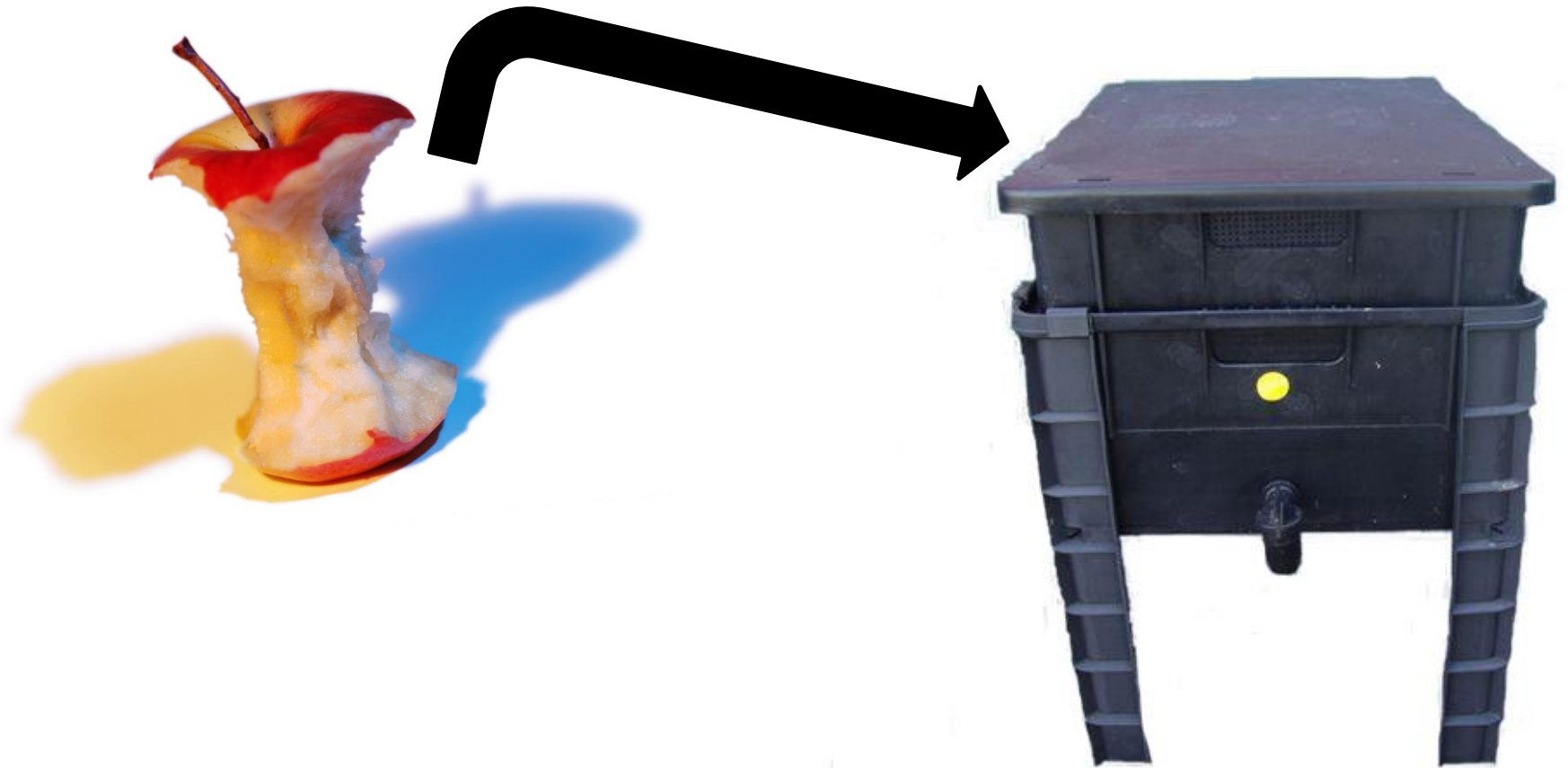
**City of Culver City
Public Works
Environmental Programs and Operations Division**



What are you having for lunch?



 finished?






What is vermicomposting?

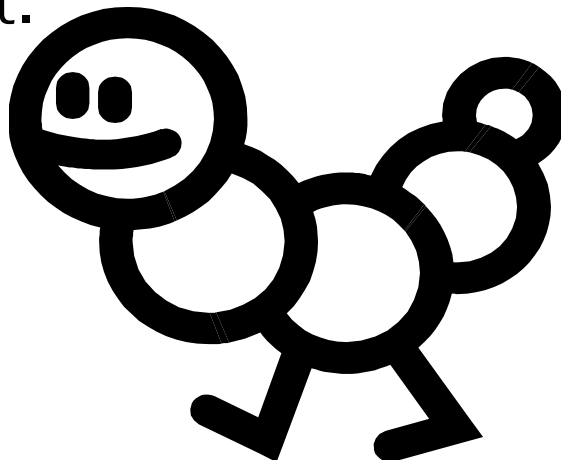
Worm composting, also called vermicomposting, is a method of composting that uses worms to recycle food scraps.

Red worms are placed in a bin or box, eat your kitchen scraps and leftovers, and in return, produces great compost for your garden.



Why Compost?

- We are running out of space to bury trash!
- Composting helps grow better veggies 
- It is fun discovering what your worms can do!
- Composting helps us do something good for the environment.



RED WIGGLERS

- Red worms do not have teeth.
- They do not have eyes, but instead use their skin cells to detect light and heat.
- They only live one year!

How fast are worms?

They can travel
1 foot in 3 minutes.



One pound of worms= about 1,000 worms

Those worms can eat their body
weight every 2 days!

Six Steps

1



Learn

2



Set-Up

3



Add Bedding

4



Add Worms

5



Feed Your Worms

6



Keep Warm & Moist



appy



orms

are vegetarians!

Healthy Foods = Good

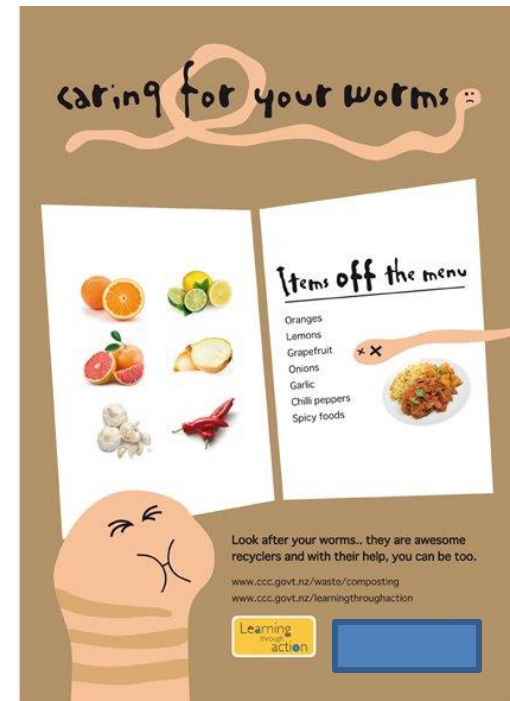
- Strong and happy worms prefer healthy foods like:

- Lettuce
- Carrots
- Grapes
- Apples
- Cucumbers
- Broccoli



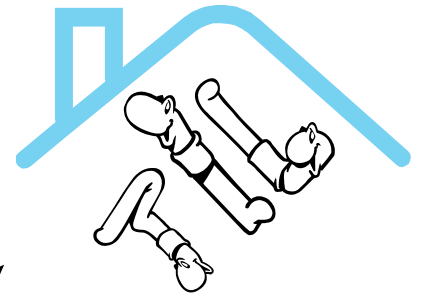
Meat & Sugary Foods = Bad

- No meats or bones
- No candy

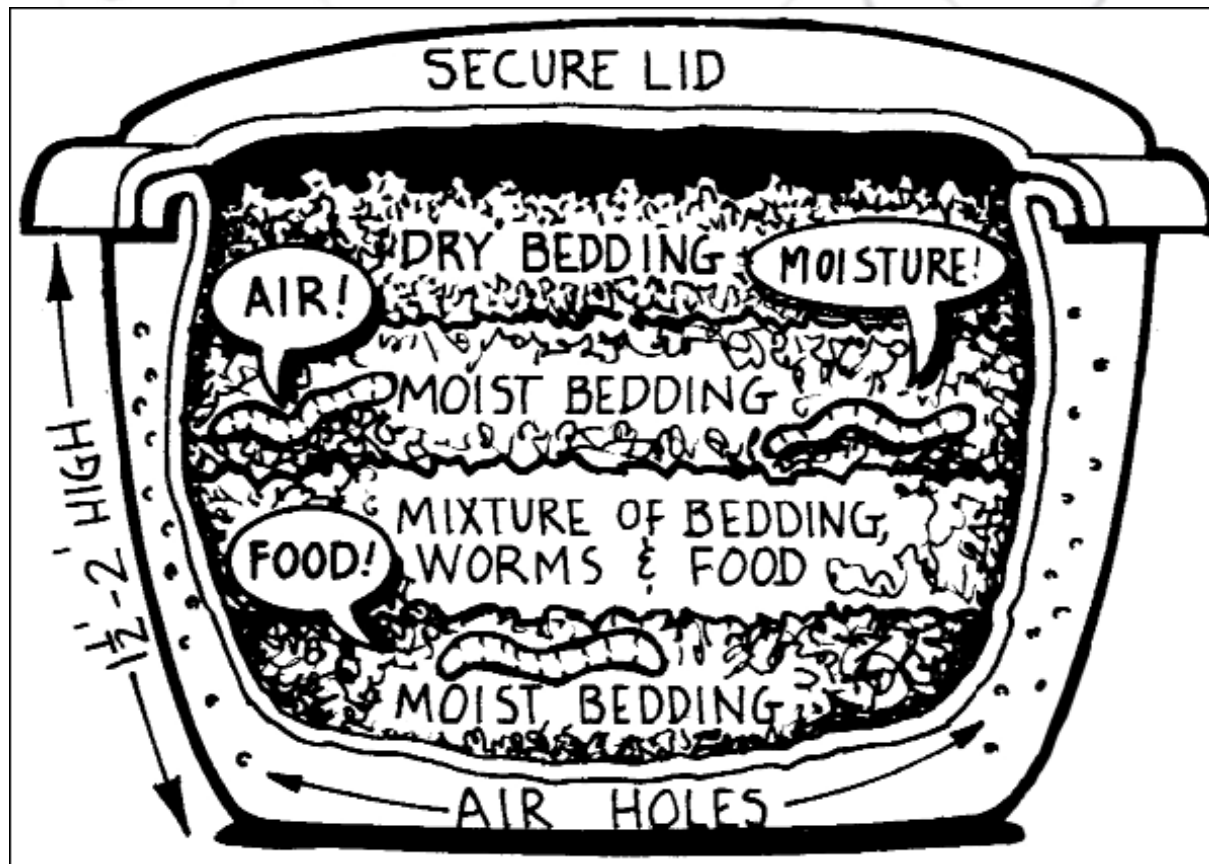




Happy Home



Bedding: Worms live in and feed off their bedding. Bedding must be high in carbon and loose. Shredded newspaper, sawdust, hay, cardboard, burlap sacks, or coconut coir works great.



Wait for it!



It takes 4-6 months to see
all your worms' hard work
turn into great compost for
your gardens. Your plants
will love you for it!





Need More Info ?

Visit us online at www.culvercity.org/recycle
Or give us a call at 310.253.6400